

# PATIENT INTRODUCTION FORM

Update

<b>Patient Name:</b>		<b>Today's Date:</b>	
Address:		Telephone:	<input type="checkbox"/> home <input type="checkbox"/> work <input type="checkbox"/> cell
City/State/Zip:		Telephone:	<input type="checkbox"/> home <input type="checkbox"/> work <input type="checkbox"/> cell
Date Birth:     /     /	Age:	Sex: M / F	E-mail Address:
Height:	Weight:		Social Security No:
Drivers License No:		Occupation:	
Marital Status: <input type="checkbox"/> single <input type="checkbox"/> married <input type="checkbox"/> divorced <input type="checkbox"/> widowed		Employer's Name:	
Spouse's Name:	No. of Children:	Employer's Address:	

Previous Chiropractic Care:   Yes     No     Doctor's Name: \_\_\_\_\_

Name, Address, Relationship, and Telephone Number of your nearest adult relative (for emergencies):  
\_\_\_\_\_

Referred by: Newspaper   Television   Website   Existing Patient \_\_\_\_\_   Other \_\_\_\_\_

IS THIS VISIT RELATED TO A:			
<input type="checkbox"/> Work Related Injury	<input type="checkbox"/> Car Crash Injury	<input type="checkbox"/> Pedestrian Injury	<input type="checkbox"/> Sports or Recreational Injury
<input type="checkbox"/> Motorcycle-Bicycle Injury	<input type="checkbox"/> Home Injury	<input type="checkbox"/> Check-up Only	<input type="checkbox"/> Other (Describe): _____

<b>OTHER DOCTOR(S) SEEN FOR THIS CONDITION?</b> (Circle all applicable) MD DC DO DDS PT			
Doctor's Name _____	Diagnosis _____		
X-rays _____	Urinalysis _____	Blood tests _____	Other _____
Treatment: Medication(s) _____		Physiotherapy _____	
Results _____	Length of time under care _____		
Were you off work?   Yes   No   If yes, how long? _____			
Have you had any other personal injury or accident? (Check all applicable) <input type="checkbox"/> Past year <input type="checkbox"/> Past 5 years <input type="checkbox"/> Over 5 years <input type="checkbox"/> None			

## AUTOMOBILE INSURANCE   HEALTH INSURANCE   INFORMATION

Health Insurance or Auto Insurance carrier	Name:		
Insured person	Name:	Date of Birth:	
Relationship to the insured	Self   Spouse   Dependent   Friend   Third Party		
What percentage does the insurance pay?	Percentage (%):		
What is the insurance deductible per year?	Amount: \$		
Have you met the deductible this year	Yes   No   Partially \$	Don't Know	
Auto Insurance claim number			
Auto Insurance claim adjuster	Adjuster Name:	Phone:	
Auto Insurance carrier address			
Do you have an attorney representing you?	Attorney Name:	Phone:	
	Attorney Address:		

*You are ultimately responsible for any charges incurred in this office. Full payment is expected at the time of service. Our office will provide insurance billing services for you if you so desire as a courtesy. It is your responsibility to pay any deductible amount, co-insurance, and/or any other balances not paid by your insurance carrier. Your signature on this document indicates that you agree to pay for any outstanding bills incurred in this office.*

Signature of Responsible Party (Patient or Parent) \_\_\_\_\_ Date \_\_\_\_\_

## **Informed Consent**

### **The nature of the chiropractic adjustment.**

The primary treatment used by doctors of chiropractic is spinal manipulative therapy. I will use that procedure to treat you. I may use my hands of a mechanical instrument upon your body in such a way as to move your joints. That may cause an audible “pop” or “click,” much as you have experienced when you “crack” your knuckles. You may feel a sense of movement.

### **Analysis/Examination/Treatment**

As a part of the analysis, examination, and treatment, you are consenting to the include, but not limited to, the following procedures:

- Spinal manipulative therapy
- Palpation
- Vital signs
- Range of motion testing
- Orthopedic testing
- Muscle strength testing
- Postural analysis testing
- Ultrasound
- Hot/cold therapy
- EMS
- Basic Neurological testing

### **The material risks inherent in chiropractic adjustment.**

As with any healthcare procedure, there are certain complications which may arise during chiropractic manipulation and therapy. These complications include but are not limited to: fractures, disc injuries, dislocations, muscle strain, cervical myelopathy, costovertebral strains and separations, and burns. Some types of manipulation of the neck have been associated with injuries to the arteries in the neck leading to or contributing to serious complications including stroke. Some patients will feel some stiffness and soreness following the first few days of treatment. The Doctor will make every reasonable effort during the examination to screen for contraindications to care; however if you have a condition that would otherwise not come to the Doctor’s attention it is your responsibility to inform the Doctor.

### **The probability of those risks occurring.**

Fractures are rare occurrences and generally result from some underlying weakness of the bone which we check for during the taking of your history and during examination and x-ray. Stroke and/or vertebral artery dissection caused by chiropractic manipulation of the neck has been the subject of ongoing medical research and debate. The most current research on the topic is inconclusive as to a specific incident of this complication occurring. If there is a causal relationship at all it is extremely rare and remote. Unfortunately, there is no recognized screening procedure to identify patients with neck pain who are at risk of a vertebral artery stroke.

### **The availability and nature of other treatment options.**

Other treatment options for your condition may include:

- Self-administered, over-the-counter analgesics and rest
- Medical care and prescription drugs such as anti-inflammatory, muscle relaxants and pain-killers
- Hospitalization
- Surgery

If you chose to use one of the above noted “other treatment” options you should be aware that there are risks and benefits of such options and you may wish to discuss these with your primary medical physician.

### **The risks and dangers attendant to remaining untreated.**

Remaining untreated may allow for formation of adhesions and reduce mobility which may set up a pain reaction further reducing mobility. Over time this process may complicate treatment making it more difficult and less effective the longer it is postponed.

**I have read or have had read to me the above explanation of the chiropractic adjustment and related treatment. I have discussed it with Dr. Benjamin Su and have had my questions answered to my satisfaction. By signing below I state that I have weighed the risks involved in undergoing treatment and have decided that it is in my best interest to undergo the treatment recommended. Having been informed of the risks, I hereby give my consent to that treatment.**

\_\_\_\_\_  
Patient’s Name

\_\_\_\_\_  
Date

\_\_\_\_\_  
Signature of Patient or Guardian

\_\_\_\_\_  
Office Signature

**Patient Consent to the Use and Disclosure of Health Information for Treatment, Payment, or Healthcare Operations**

I, \_\_\_\_\_, understand that as part of my health care, Dr. Benjamin Su originates and maintains paper and/or electronic records describing my health history, symptoms, examination and test results, diagnoses, treatment, and any plans for future care or treatment. I understand that this information serves as:

- A basis for planning my care and treatment,
- A means of communication among the many health professionals who contribute to my care,
- A source of information for applying my diagnosis and surgical information to my bill,
- A means by which a third-party payer can verify that services billed were actually provided, and
- A tool for routine healthcare operations such as assessing quality and reviewing the competence of healthcare professionals.

I understand and have been provided with a *Notice of Information Practices* that provides a more complete description of information uses and disclosures. I understand that I have the following rights and privileges:

- The right to review the notice prior to signing this consent,
- The right to object to the use of my health information for directory purposes, and
- The right to request restrictions as to how my health information may be used or disclosed to carry out treatment, payment, or health care operations.

I understand that Dr. Benjamin Su is not required to agree to the restrictions requested. I understand that I may revoke this consent in writing, except to the extent that the organization has already taken action in reliance thereon. I also understand that by refusing to sign this consent or revoking this consent, this organization may refuse to treat me as permitted by Section 164.506 of the Code of Federal Regulations.

I further understand that Dr. Benjamin Su reserves the right to change their notice and practices prior to implementation, in accordance with Section 164.520 of the Code of Federal Regulations. Should Dr. Benjamin Su change their notice, they will send a copy of any revised notice to the address I've provided (whether U.S. mail or, if I agree, email).

I wish to have the following restrictions to the use or disclosure of my health information:

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I understand that as part of this organization's treatment, payment, or health care operations, it may become necessary to disclose my protected health information to another entity, and I consent to such disclosure for these permitted uses, including disclosures via fax.

I fully understand and accept / decline the terms of this consent.

\_\_\_\_\_  
Signature of Patient/Guardian

\_\_\_\_\_  
Date

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**FOR OFFICE USE ONLY**

- Consent received by \_\_\_\_\_ on \_\_\_\_\_.
- Consent refused by patient, and refused as permitted.
- Consent added to the patient's medical record on \_\_\_\_\_.

# Patient Health History

**Patient Name:** \_\_\_\_\_

**Birth Date:** \_\_\_\_\_

**Please check appropriate answer: ( Please ask for help if you do not understand question)**

Yes No Is your general health good? Name of your family Doctor: \_\_\_\_\_

Yes No Has there been a change in your health within the past three years? If Yes, why: \_\_\_\_\_

Yes No Have you been hospitalized or had a serious illness? If Yes, why: \_\_\_\_\_

Yes No Are you being treated by a physician now? For what? \_\_\_\_\_

Date of last medical exam: \_\_\_\_\_

Yes No Are you allergic to: drugs, foods, and medications? If Yes, what? \_\_\_\_\_

**Have you experienced the following diseases or medical problems? ( ).....translate in Chinese**

- |  |  |
|--|--|
| <p><input type="checkbox"/>Yes <input type="checkbox"/>No Herpes (疱疹)</p> <p><input type="checkbox"/>Yes <input type="checkbox"/>No Anemia (貧血)</p> <p><input type="checkbox"/>Yes <input type="checkbox"/>No AIDS or ARC (愛滋病)</p> <p><input type="checkbox"/>Yes <input type="checkbox"/>No Fainting spells (暈眩)</p> <p><input type="checkbox"/>Yes <input type="checkbox"/>No Skin diseases (皮膚病)</p> <p><input type="checkbox"/>Yes <input type="checkbox"/>No Diabetes (糖尿病)</p> <p><input type="checkbox"/>Yes <input type="checkbox"/>No Eye disease (眼疾)</p> <p><input type="checkbox"/>Yes <input type="checkbox"/>No Dry mouth (口乾)</p> <p><input type="checkbox"/>Yes <input type="checkbox"/>No Headaches (頭痛)</p> <p><input type="checkbox"/>Yes <input type="checkbox"/>No Blurred vision (眼花)</p> <p><input type="checkbox"/>Yes <input type="checkbox"/>No Jaundice (黃疸)</p> <p><input type="checkbox"/>Yes <input type="checkbox"/>No Dizziness (頭暈)</p> <p><input type="checkbox"/>Yes <input type="checkbox"/>No Surgeries (開刀)</p> <p><input type="checkbox"/>Yes <input type="checkbox"/>No Frequent urination (頻尿)</p> <p><input type="checkbox"/>Yes <input type="checkbox"/>No Psychiatric care (精神病治療)</p> <p><input type="checkbox"/>Yes <input type="checkbox"/>No Sinus problem (鼻竇問題)</p> <p><input type="checkbox"/>Yes <input type="checkbox"/>No Heart disease (心臟問題)</p><br><p><input type="checkbox"/>Yes <input type="checkbox"/>No Excessive thirst (極度口渴)</p><br><p><input type="checkbox"/>Yes <input type="checkbox"/>No Heart murmurs (心雜音)</p> <p><input type="checkbox"/>Yes <input type="checkbox"/>No Rheumatic fever (風濕熱)</p> <p><input type="checkbox"/>Yes <input type="checkbox"/>No Tumors, cancer (腫瘤, 癌症)</p> <p><input type="checkbox"/>Yes <input type="checkbox"/>No Recent weight lost, fever, night sweat (體重減輕, 發燒, 夜汗)</p> <p><input type="checkbox"/>Yes <input type="checkbox"/>No Persistent cough, coughing up blood (咳嗽, 咳血)</p> <p><input type="checkbox"/>Yes <input type="checkbox"/>No Bleeding problem, bruising easily (流血問題, 容易發瘀)</p> <p><input type="checkbox"/>Yes <input type="checkbox"/>No Diarrhea, constipation, blood in stools (腹瀉, 便秘, 便血)</p> <p><input type="checkbox"/>Yes <input type="checkbox"/>No Hepatitis, or other liver disease (肝炎, 或其他肝病)</p> <p><input type="checkbox"/>Yes <input type="checkbox"/>No Do you smoke cigarette, have tobacco (抽菸, 雪茄)</p> | <p><input type="checkbox"/>Yes <input type="checkbox"/>No Swollen ankles (腳踝腫)</p> <p><input type="checkbox"/>Yes <input type="checkbox"/>No Ringing in the ears (耳鳴)</p> <p><input type="checkbox"/>Yes <input type="checkbox"/>No Seizures (癲癇, 羊癲瘋)</p> <p><input type="checkbox"/>Yes <input type="checkbox"/>No Artificial joint (人工關節)</p> <p><input type="checkbox"/>Yes <input type="checkbox"/>No Chemotherapy (化學治療)</p> <p><input type="checkbox"/>Yes <input type="checkbox"/>No Blood transfusions (換血)</p> <p><input type="checkbox"/>Yes <input type="checkbox"/>No Pacemaker (心律調節器)</p> <p><input type="checkbox"/>Yes <input type="checkbox"/>No Chest pain (angina) (胸痛, 狹心病)</p> <p><input type="checkbox"/>Yes <input type="checkbox"/>No Difficulty swallowing (吞食困難)</p> <p><input type="checkbox"/>Yes <input type="checkbox"/>No High blood pressure (高血壓)</p> <p><input type="checkbox"/>Yes <input type="checkbox"/>No Contact lenses (隱形眼鏡)</p> <p><input type="checkbox"/>Yes <input type="checkbox"/>No Arthritis, rheumatism (風濕性關節炎)</p> <p><input type="checkbox"/>Yes <input type="checkbox"/>No Shortness of breath (呼吸急促)</p> <p><input type="checkbox"/>Yes <input type="checkbox"/>No Kidney, bladder disease (腎臟病)</p> <p><input type="checkbox"/>Yes <input type="checkbox"/>No Frequent vomiting, nausea (嘔吐, 噁心)</p> <p><input type="checkbox"/>Yes <input type="checkbox"/>No Joint pain, stiffness (關節疼痛, 僵硬)</p> <p><input type="checkbox"/>Yes <input type="checkbox"/>No Thyroid, adrenal disease (甲狀腺, 腎上腺病)</p> <p><input type="checkbox"/>Yes <input type="checkbox"/>No VD(syphilis or gonorrhea) (性病, 梅毒, 淋病)</p> <p><input type="checkbox"/>Yes <input type="checkbox"/>No Stomach problems, ulcers (胃病, 潰瘍)</p> <p><input type="checkbox"/>Yes <input type="checkbox"/>No Radiation treatments (放射性治療)</p> <p><input type="checkbox"/>Yes <input type="checkbox"/>No Prosthetic heart valve (人工心臟瓣膜)</p> <p><input type="checkbox"/>Yes <input type="checkbox"/>No Difficulty urinating, blood in urine (小便困難, 尿血)</p> <p><input type="checkbox"/>Yes <input type="checkbox"/>No Heart attack or defects (心臟病發作, 心臟缺陷)</p> <p><input type="checkbox"/>Yes <input type="checkbox"/>No Stroke, hardening of arteries (中風, 血管硬化)</p> <p><input type="checkbox"/>Yes <input type="checkbox"/>No TB, emphysema, other lung diseases (肺結核, 肺氣腫, 肺疾)</p> <p><input type="checkbox"/>Yes <input type="checkbox"/>No Family history of diabetes, heart problems, tumors (家族有無糖尿, 心臟, 腫瘤之疾病)</p> |
|--|--|

**To the best of my knowledge, I have answered every question completely and accurately. I also understand that it is my responsibility to inform this office of any changes in my medical status, I hereby authorize the staff to perform the necessary services I / or my child may need.**

**Patient's /Parent's/Guardian's Signature** \_\_\_\_\_ **Date** \_\_\_\_\_

Medical History Update	
Date _____	Signature _____
Date _____	Signature _____

**IMPORTANT: Please check (x) all present symptoms.**

**HEAD:**

**Headache**

- Sinus (Allergy)
- Entire head
- Back of head
- Forehead
- Temples
- Migraine
- Head feels heavy
- Loss of memory
- Light-Headedness
- Fainting
- Eyes are sensitive to light
- Blurred vision
- Double vision
- Loss of vision
- Loss of taste
- Loss of balance
- Dizziness
- Loss of hearing
- Pain in ears
- Ringing in ears
- Buzzing in ears

**NECK:**

- Pain in neck
- Neck pain with movement
  - Forward
  - Backward
  - Turn to left
  - Turn to right
  - Bend to left
  - Bend to right
- Pinched nerve in neck
- Neck feels out of place
- Muscle spasms in neck
- Grinding sounds in neck
- Popping sounds in neck
- Arthritis in neck

**ARMS AND HANDS:**

- Pain in upper arm
- Pain in elbow
- Movement aggravated
  
- Tennis elbow
- Pain in forearm
- Pain in hands

- Pain in fingers
- Sensation of pins and needles in arms
- Sensation of pins and needles in fingers
- Numbness in arms (R-L)
- Fingers go to sleep
- Cold hands
- Swollen joints in fingers
- Sore joints in fingers
- Arthritis in fingers
- Loss of grip strength

**SHOULDERS:**

- Pain in shoulder joint (R-L)
- Pain across shoulders
- Bursitis (R-L)
- Arthritis (R-L)
- Can't raise arm
  - above shoulder level
  - over head
- Tension in shoulders
- Pinched nerve in shoulder (R-L)
- Muscle spasms in shoulders

**MID-BACK:**

- Mid-back pain
- Location \_\_\_\_\_
- Pain between shoulder blades
- Sharp stabbing
- Dull ache
- Pain from front to back
- Muscle spasms
- Pain in kidney area

**CHEST:**

- Chest pain
- Shortness of breath
- Pain around ribs
- Breast pain
- Dimpled or orange

**peel breast**

- Irregular heartbeat

**ABDOMEN:**

- Nervous stomach
- Can't eat foods
- Nausea

- Gas
- Constipation
- Diarrhea
- Hemorrhoids

**LOW-BACK:**

- Low back pain
- Upper lumbar
- Lower lumbar
- Sacroiliac
- Low back pain is worse when:
  - working
  - lifting
  - stooping
  - standing
  - sitting
  - bending
  - coughing
  - lying down (sleeping)
  - walking
- Pain is relieved when \_\_\_\_\_
- Slipped disk
- Low back feels out of place
- Muscle spasms
- Arthritis

**HIP, LEGS, AND FEET:**

- Pain in buttocks
- Pain in hip joint
- Pain down leg
- Pain down both legs
- Knee pain
  - inside
  - outside
- Leg cramps
- Cramps in feet
- Pins and needles in legs
- Numbness of leg
- Numbness of toes
  
- Feet feel cold
- Swollen ankles
- Swollen feet

**WOMEN ONLY:**

- Menstrual pain \_\_\_\_\_(where)
- Cramping
- Irregularity
- Cycle \_\_\_\_\_ days
- Birth control \_\_\_\_\_type

- Hysterectomy
- Genital cancer \_\_\_\_\_
- Discharge
- Menopause
- Tumors
- Abortions
- Are you or do you think you are pregnant?

**MEN ONLY:**

- Urinary frequency
- \_\_\_\_\_
- Difficulty in starting
- Night urination
- Prostate pain/swelling

**GENERAL:**

- Nervousness
- Irritable
- Depressed
- Fatigue
- Generally feel run-down
- Normal sleep \_\_\_\_\_hrs/nt.
- Loss of \_\_\_\_\_ sleep \_\_\_\_\_hrs/nt.
- Loss of wt. \_\_\_\_\_ lbs
- Gain weight \_\_\_\_\_ lbs
- Coffee \_\_\_\_\_ cups/day
- Tea \_\_\_\_\_ cups/day
- Cigarettes \_\_\_\_\_pk(s)/dy
- Other \_\_\_\_\_
- Diabetes
- Hypoglycemia

Name: \_\_\_\_\_  
 Date of Birth: \_\_\_/\_\_\_/\_\_\_

Date: \_\_\_\_\_

### CHECK RECENT OR CURRENT SYMPTOMS

Please indicate when you first noticed your symptom and how long you've had it.

SYMPTOM	HOW LONG	SYMPTOM	HOW LONG
<input type="checkbox"/> Headaches/Migraines		<input type="checkbox"/> Upper Back Pain, Soreness or Stiffness	
<input type="checkbox"/> Neck Pain, Soreness, or Stiffness		<input type="checkbox"/> Hip Pain	
<input type="checkbox"/> Low Back Pain, Soreness, or Stiffness		<input type="checkbox"/> Leg/Foot Pain, Numbness or Tingling	
<input type="checkbox"/> Arm/Hand Pain, Numbness or Tingling		<input type="checkbox"/> Other:	
<input type="checkbox"/> Chest wall pain		<input type="checkbox"/> Other:	

**WHAT SYMPTOM PRIMARILY BOTHERS YOU?** \_\_\_\_\_

Please describe how the injury occurred. Date injury occurred: \_\_\_/\_\_\_/\_\_\_

How bad is your pain? (Circle a #)	None	Mild Discomfort/Ache/Stiff			Moderate Hurts/Sore/Bearable Sensation				Severe Sharp/Intense Pain		
Pain Level	0	1	2	3	4	5	6	7	8	9	10

Can you perform your daily living activities?	<input type="checkbox"/> Yes	<input type="checkbox"/> Yes, only with pain	<input type="checkbox"/> Not at all	
How often are your symptoms present?	<input type="checkbox"/> Constantly	<input type="checkbox"/> Frequently	<input type="checkbox"/> Occasionally	<input type="checkbox"/> Intermittently
Since it began, is your problem:	<input type="checkbox"/> Improving	<input type="checkbox"/> Getting Worse	<input type="checkbox"/> No Change	
Can you perform your daily work activities?	<input type="checkbox"/> Yes, all activities	<input type="checkbox"/> Only Some	<input type="checkbox"/> Not at all	
Describe your stress level:	<input type="checkbox"/> None to mild	<input type="checkbox"/> Moderate	<input type="checkbox"/> High	
Do you exercise?	<input type="checkbox"/> None to mild	<input type="checkbox"/> Moderate	<input type="checkbox"/> High	

### SYMPTOM/PAIN DESCRIPTION

Please circle any word or words below that best describes how your symptoms currently feel to you.

Pain	Unbearable	Tight/Stiff	Miserable
Aches	Soreness	Radiating	Deep/Superficial Pain
Cutting	Pins and Needles	Weakness	Throbbing
Tearing	Irritating	Falls Asleep	Sharp/Stabbing
Crushing/Gripping	Nagging	Shooting	Tender
Pulling	Boring	Tingling	Heavy
Annoying	Burning	Dull	Other: _____

### WHEN IS YOUR PAIN BETTER?

<input type="checkbox"/> Nothing	<input type="checkbox"/> Afternoon	<input type="checkbox"/> Evening
<input type="checkbox"/> Morning	<input type="checkbox"/> Lying Down Flat	<input type="checkbox"/> Standing
<input type="checkbox"/> During Sleep Hours	<input type="checkbox"/> Sitting	<input type="checkbox"/> Rest
<input type="checkbox"/> Walking	<input type="checkbox"/> Good Posture	<input type="checkbox"/> Exercise/Stretching
<input type="checkbox"/> Less Stress (mental)	<input type="checkbox"/> Movement	<input type="checkbox"/> Other: _____

### WHEN IS YOUR PAIN WORSE?

<input type="checkbox"/> Nothing	<input type="checkbox"/> Afternoon	<input type="checkbox"/> Evening
<input type="checkbox"/> Morning	<input type="checkbox"/> Lying Down Flat	<input type="checkbox"/> Standing
<input type="checkbox"/> During Sleep Hours	<input type="checkbox"/> Sitting	<input type="checkbox"/> Rest
<input type="checkbox"/> Walking	<input type="checkbox"/> Good Posture	<input type="checkbox"/> Exercise/Stretching
<input type="checkbox"/> Less Stress (mental)	<input type="checkbox"/> Movement	<input type="checkbox"/> Other: _____

## HAS YOUR PAIN BEEN ASSOCIATED WITH:

<input type="checkbox"/> Excessive Fatigue-malaise	<input type="checkbox"/> Bowel or Bladder Disorders
<input type="checkbox"/> Weight Loss	<input type="checkbox"/> Ovarian Pain
<input type="checkbox"/> Low Grade Fever	<input type="checkbox"/> Kidney Pain or Painful Urination
<input type="checkbox"/> Night Pain	<input type="checkbox"/> Night Sweats
<input type="checkbox"/> Abdominal Pain	<input type="checkbox"/> Balance Problems/Dizzy
<input type="checkbox"/> Nausea	<input type="checkbox"/> Tinnitus (Ringing in Ears)
<input type="checkbox"/> Vertigo (Room Spinning)	<input type="checkbox"/> Visual Disturbances

## OTHER SYMPTOMS

If you have ever had in the past or present, please check below:

<input type="checkbox"/> Headache/Migraine	<input type="checkbox"/> Low back Pain/Soreness	<input type="checkbox"/> Upper/Middle Back Pain
<input type="checkbox"/> Neck Pain/Soreness/Stiffness	<input type="checkbox"/> Leg pain Rt / Lt	<input type="checkbox"/> Rib Cage Pain
<input type="checkbox"/> Shoulder Pain/Stiffness Rt / Lt	<input type="checkbox"/> Leg Numbness/Tingling Rt / Lt	<input type="checkbox"/> Hip Pain Rt / Lt
<input type="checkbox"/> Arm Pain/Tingling/Numbness Rt / Lt	<input type="checkbox"/> Pain Shoots Down Back of Leg Rt / Lt	<input type="checkbox"/> Knee Pain. Rt / Lt
<input type="checkbox"/> Wrist/Hand/Finger Pain/Numbness Rt/Lt	<input type="checkbox"/> Pain Primarily in Front of Thigh Rt/Lt	<input type="checkbox"/> Ankle/Foot Pain Rt / Lt
<input type="checkbox"/> Jaw Pain	<input type="checkbox"/> Weakness in Arms/Legs Rt / Lt	<input type="checkbox"/> Other:

## PRIOR INJURY HISTORY

I have no history of previous painful injury.) If you have had prior injuries, please check below:

<input type="checkbox"/> Work Injury	<input type="checkbox"/> Fall	<input type="checkbox"/> Pedestrian Injury
<input type="checkbox"/> Lifting Injury	<input type="checkbox"/> Car Accident	<input type="checkbox"/> Military Injury
<input type="checkbox"/> Motorcycle Injury	<input type="checkbox"/> Bicycle Injury	<input type="checkbox"/> Sports Injury

## FRACTURES/BROKEN BONES

I have never had any broken bones.) If you have broken any bones, indicate where and when:

Region	Year	Region	Year
<input type="checkbox"/> Spinal Vertebra		<input type="checkbox"/> Skull	
<input type="checkbox"/> Collar Bone (Clavicle)		<input type="checkbox"/> Rib Bone	
<input type="checkbox"/> Arm or Hand Bone		<input type="checkbox"/> Leg or Foot Bone	
<input type="checkbox"/> Pelvis Bone		<input type="checkbox"/> Other	

## PREVIOUS SURGERIES

I have never had any surgical procedure.) If you have had any previous surgery, indicate type and when:

Surgery	Year	Surgery	Year
<input type="checkbox"/> Spine Surgery (neck or back)		<input type="checkbox"/> Appendix	
<input type="checkbox"/> Disc surgery (neck or back)		<input type="checkbox"/> Gallbladder/Stomach/Kidney	
<input type="checkbox"/> Heart		<input type="checkbox"/> Cancer	
<input type="checkbox"/> Tonsillectomy		<input type="checkbox"/> Rib/Collar Bone	
<input type="checkbox"/> Head/Brain		<input type="checkbox"/> Hernia	
<input type="checkbox"/> Shoulder/Arm/Leg		<input type="checkbox"/> Other:	

## ARE YOU TAKING ANY MEDICATIONS?

I am not currently taking any medications.) Check any of the following that you are taking currently.

<input type="checkbox"/> Muscle Relaxants	<input type="checkbox"/> Aspirin	<input type="checkbox"/> Diabetes Medication	<input type="checkbox"/> Cholesterol Medication
<input type="checkbox"/> Anti-inflammatory	<input type="checkbox"/> Tylenol	<input type="checkbox"/> Gabapentin (Nerve Blocker)	<input type="checkbox"/> Diuretic (Water Pill)
<input type="checkbox"/> Narcotics for Pain	<input type="checkbox"/> Advil/Motrin	<input type="checkbox"/> Blood Pressure Medication	<input type="checkbox"/> Stroke Prevention Meds
<input type="checkbox"/> Heart Medications	<input type="checkbox"/> Birth Control	<input type="checkbox"/> Antacid	<input type="checkbox"/> Other:

What treatment have you had for this condition in the past? (surgery, medications, injections, therapy, chiropractic) \_\_\_\_\_

Have you had X-rays, MRI, or other tests for this condition? What tests and when? \_\_\_\_\_





# PAIN INTENSITY INSTRUCTION SHEET

**PATIENT:** Be certain to read the following pain categories and indicate which level best represents how severe your current pain level is. If you do not understand these instructions be sure to ask the Doctor.

<b>Pain Intensity</b>	None	<b>MILD</b>	<b>MODERATE</b>	<b>SEVERE</b>
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<b>PAIN LEVEL</b>	<b>0</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>
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<b>PAIN LEVEL AND THE EFFECT THAT PAIN HAS ON YOUR ABILITY TO PERFORM ACTIVITY</b>	<b>No Pain</b>	<p>Annoying Pain Level Only.</p> <p>Able to Perform All Home, Work, Sport, and Recreational Activities.</p>	<p>Pain Levels Now Cause You to Slow Down.</p> <p>You Are Able to Do Activities at Home and Work, But They Take You Longer to Do or You Need to Take Breaks.</p> <p>May be Unable to Very Demanding Activities.</p>	<p>Pain Levels Must Prohibit Your Ability to Perform Some Activities.</p> <p>You Must have Some Inability to Do Certain Activities.</p> <p>Must Have Some Difficulty Sleeping.</p>
<b>HOW DOES THE PAIN FEEL?</b>	<b>No Pain</b>	<p>Ache, Dull Soreness, Stiffness</p>	<p>Hurting Pain, Very Sore, Limited Motion</p>	<p>Sharp Pain, Stabbing Pain, Jabbing Pain</p>
<b>LEVEL</b>	<b>****</b>	<b>MILD</b>	<b>MODERATE</b>	<b>SEVERE</b>

**A LEVEL 10 PAIN IS EQUAL TO THE MOST SEVERE PAIN YOU HAVE EVER HAD!**

**A 10 level pain equates to having a baby pain or having the most severe toothache or kidney stone type of pain!**

Form 3300